



Mouth Cancer Screening Accreditation Scheme

www.mouthcancerfoundation.org

The Early Detection of Mouth Cancer

Mouth cancer is sadly on the increase. Factors like smoking, regular alcohol consumption and exposure to the Human Papilloma Virus (HPV) increase the risk but many cases occur in people who do not fall within these groups.

We recommend a visual mouth cancer and soft tissue disease check at every dental examination for patients aged 16 and over.

This quick, painless and reliable test helps identify very early signs of disease.

The test consists of a thorough visual examination looking at the skin of your face and every part of your mouth including the front of your throat.

In addition, the dentist will feel your face and neck to find any enlarged glands.

Early detection improves the chances of survival and can make treatment for victims much simpler and more comfortable.

More information about mouth cancer is available from:

- The Mouth Cancer Foundation www.mouthcancerfoundation.org
- The British Dental Health Foundation www.mouthcancer.org
- Cancer Research UK www.cancerresearchuk.org
- NHS Choices <http://www.nhs.uk/conditions/cancer-of-the-mouth/Pages/Introduction.aspx>
- Macmillan Cancer Support
<http://www.macmillan.org.uk/Cancerinformation/Cancertypes/Headneck/Typesofheadneckcancers/Mouth.aspx>

For information about smoking cessation please visit www.smokefree.nhs.uk or call the SmokeFree helpline on 0800 022 4332

The Mouth Cancer Screening Accreditation Scheme is supported by: