

TAKING CARE OF YOUR CROWN/S.

After your crown is fitted, it is advised to avoid using the tooth for at least 2 hours (or as advised by your dentist) for the cement to set chemically.



It is not uncommon to experience some sensitivity for up to 2 weeks after and for your bite to feel strange.

If your crown feels high/proud (when biting your teeth together) contact the surgery as some minor adjustments may be needed.

The life of a crown depends on how well it is looked after.

The crown itself cannot decay, but decay can start from where the edge of the crown joins the tooth.

You must practice good oral hygiene and maintain regular visits to the Dentist/Hygienist.

It is very important to keep this area clean. Properly cared for crowns can last for many years.

Floss between the crown and neighbouring teeth to ensure food debris and plaque are not left to endanger the longevity of your crown.

If you find it hard to keep clean speak to your Dentist, Hygienist or Oral Health Educator who will be able to advise on how to use floss or interdental brushes to help.

We stock a good range of dental products to help you take care of your crown.

If at any point your crown becomes loose or detached, contact the Practice to be seen as soon as possible.