POST OPERATIVE CARE FOR ROOT CANAL TREATMENT.

Although the procedure is relatively painless once the infection is under control, it is not uncommon to experience some sensitivity or tenderness after and between appointments.

This can last a week to ten days.

This discomfort can be relieved by taking routine painkillers and a hot salt mouth wash is also advised.

A constant throbbing and/or swelling can indicate infection is back and for this you will need to contact the surgery, sometimes a course of antibiotics is required to settle the tooth.

As far as possible avoid chewing or biting on the tooth being treated until you have it permanently restored with either a filling or crown.

Excessive pressure at this stage may crack or fracture the tooth.

Root treated teeth should be treated as any other once treatment is completed. Practice good oral hygiene, including brushing and flossing as root-filled teeth are as prone to decay as natural teeth.

A root filled tooth can often be quite brittle and may require a crown in the future.

Your dentist will monitor your root-filled tooth at routine check-ups.