



### Direct Access to Hygiene Services Information Leaflet

#### What is direct access?

Direct Access is being able to see a Hygienist or Therapist without the need to visit a Dentist.

#### Treatments available under Direct Access include:

- **Assessment and monitoring**, of your oral health.
- **Clean and polish**. This involves removing plaque and tartar deposits that have built up on teeth over time.
- **Oral hygiene advice**, including how general health affects your own teeth.
- **Help to prevent and treat gum disease**.
- **Your own home care programme**, with advice on tooth brushing, flossing and use of other cleaning aids.
- **Air polishing** for effective stain removal.

#### If you need to see a Dentist.

If the Hygienist/Therapist feels that you need treatment that is not within their scope of practice, you will be advised of this and recommended to visit your Dentist.

## St Paul's Dental Practice Ltd

If you do not have a regular Dentist, you are welcome to join us here at St Paul's Dental Practice. Nick Tomes (BDS, LDS, RCS Eng.) is available to register new private patients.

It is advisable to attend a Dentist at regular intervals for a full dental examination. This interval should be agreed with the Dentist and be at least once every two years but may be as little as every three months, depending on your individual needs.

### **How to make a Direct Access appointment.**

Call our reception team on **01626 365896**

We are situated at:     4 St Paul's Road  
                                  Newton Abbot  
                                  Devon  
                                  TQ12 2HP

For more information visit our website: [www.stpaulsdentalpractice.co.uk](http://www.stpaulsdentalpractice.co.uk)

Email: [info@stpaulsdentalpractice.co.uk](mailto:info@stpaulsdentalpractice.co.uk)

We will require:

- your contact details
- the name of your Dentist and GP
- you to complete a medical history questionnaire.